

KARTICE VREDNOT

- 1. ACCEPTANCE - to be accepted as I am**
- 2. ACCURACY - to be correct in my opinions and actions**
- 3. ACHIEVEMENT - to accomplish and achieve**
- 4. ADVENTURE - to have new and exciting experiences**
- 5. ATTRACTIVENESS - to be physically attractive**
- 6. AUTHORITY - to be in charge for others**
- 7. AUTONOMY - to be self-determining and independent**
- 8. BEAUTY - to appreciate beauty around me**
- 9. CHALLENGE - to take on difficult tasks and problems**
- 10. COLLABORATION - to work jointly with others**
- 11. COMFORT - to have pleasant and enjoyable life**
- 12. COMMITMENT - to make a longlasting deep commitment to another person**
- 13. COMPASSION - to feel concern for others**
- 14. COMPLEXITY - to have a life full of variety and change**
- 15. CONTRIBUTION - to make a contribution that will endure**
- 16. COURTESY - to be polite and considerate to others**
- 17. CREATIVITY - to have new and original ideas**
- 18. DEPENDABILITY - to be reliable and trustworthy**
- 19. DUTY - to carry out my duties and obligations**
- 20. ECOLOGY - to live in harmony with the environment**
- 21. FAITHFULNESS - to be loyal and reliable in relationship**
- 22. FAME - to be known and recognized**
- 23. FAMILY - to have happy, loving family**
- 24. FLEXIBILITY - to adjust to new or unusual situations easily**
- 25. FORGIVENESS - to be forgiving to others**
- 26. FRIENDS - to have close supportive friends**
- 27. FUNN - to play and have funn**

- 28. GENEROSITY – to give what I have to others**
- 29. GENUINENESS – to behave in a manner that is true to who I am**
- 30. GOD'S WILL – to seek and obey the will of God**
- 31. GROWTH – to keep growing and changing**
- 32. HEALTH – to be physically well and healthy**
- 33. HELPFULNESS – to be helpful to others**
- 34. HONESTY – to be truthful and genuine**
- 35. HOPE – to maintain a positive and optimistic outlook**
- 36. HUMILITY – to be modest and unassuming**
- 37. HUMOR – to see the humorous side of myself and of the world**
- 38. INDEPENDANCE – to be free from dependance of others**
- 39. INDUSTRY – to work hard and well at my life tasks**
- 40. INNER PEACE – to experience personal peace**
- 41. INTIMACY – to share my innermost feelings and thoughts with others**
- 42. JUSTICE – to promote equal and fair treatment for all**
- 43. KNOWLEDGE – to learn and possess valuable knowledge**
- 44. LEISURE – to take time to relax and enjoye**
- 45. LIVING IN THE PRESENT – to plan and remember – but to live in the moment**
- 46. LOVED – to be loved by those close to you**
- 47. LOVING – to give love to others**
- 48. MASTERY – to be competent in my everyday activities**
- 49. MODERATION – to avoid excesses and fined a middle ground**
- 50. MONOGAMY – to have one close , loving relationship**
- 51. NURTURANCE – to take care of others**
- 52. OPENESS – to be open to new experiences, ideas and options**

- 53. ORDERLINESS** – to have a life that is well ordered and organized
- 54. PASSION** – to have deep feelings about ideas, activities or people
- 55. PLEASURE** – to have experiences and to do things that feel good
- 56. POPULARITY** – to be well-liked by many people
- 57. POWER** – to have control over others
- 58. PRIVACY** – to have time and space where I can be apart from others
- 59. PURPOSE** – to have meaning and direction in my life
- 60. RATIONALITY** – to be guided by reason
- 61. REALISM** – to see and act realistically and practically
- 62. RESPONSIBILITY** – to make to make and carry out my duties as I see them.
- 63. RISK** - to be willing to take risks and chances
- 64. ROMANCE** – to have intense, exciting love in my life
- 65. SAFETY**- to be safe and secure
- 66. SELF-ACCEPTANCE** – to like myself as I am
- 67. SELF-CONTROL** – to be able to choose future benefits over immediate pleasures
- 68. SELF-ESTEEM** – to feel positive about myself
- 69. SELF-UNDERSTANDING** – to have a deep, honest understanding of myself
- 70. SEXUALITY** – to have an active and satisfying sex life
- 71. SIMPLICITY** – to live life simply, with minimal needs
- 72. SOLITUDE** – to have time to spend by myself
- 73. SPIRITUALITY** – to grow spiritually
- 74. STABILITY** – to have a life that stays fairly consistent
- 75. STRENGTH** – to be physically strong
- 76. TOLERANCE** – to accept and respect those different from me
- 77. TRADITION** – to follow respected patterns of the past

- 78. VIRTUE – to live a morally pure and excellent life**
- 79. WEALTH – to have plenty of money**
- 80. WORLD PEACE – to work and to promote peace in the world**